

Memorial Day 2010



Every day 18 American Veterans take their lives. Over 6,000 have died in the Iraq and Afghanistan wars and well over 30,000 have been wounded.

When a veteran takes their life we have often failed to show them the significant resources available them. You can take action today that will help raise awareness and potentially save lives.

ONE Freedom is an education organization that teaches an easy method (currently being researched) for understanding how the brain and body adapt under intense conditions and provides a powerful set of tools for regulating the stress-response. In nearly four years, ONE Freedom has served over 6,000 veterans, families and care providers while reducing the barriers to transforming traumatic stress.

"ONE Freedom changed the lives of my people."
Commander 137th SWS, Colorado Air National Guard



"The 'way it's always been done' doesn't work. We need more models like this, less medication, less intellectualizing." Military Chaplain

"I know 'effective' when I see it." Veterans Service Officer, Denver VA

ONE Freedom needs your help and asks that you make a donation today to honor the U.S veteran and family. Your gift of \$5, \$10 or \$15 will make a significant change in a soldier's life. A contribution of \$25 sponsors a veteran for 1 hour of direct training. If you can afford \$50, \$100, \$200 or more you'll be helping the "unknown soldier" toward a brighter future.

Please go to the link below and make your secure donation now. Thank you for your support.



Take Action Today